

# Tracy Davis

**Tracy Davis was born in Brooklyn, N.Y. in 1977 and spent her formative years growing up in the Williamsburg section of the borough. She first hit a handball against a factory wall in her neighborhood when she was only 7. It was one of many sporting activities that Tracy and her friends engaged in to have fun and stay active in their working class environment. By the time she was in junior high school she was regularly playing big ball 1-wall handball with older teens and adults at Intermediate School 318, and she was able to keep up with the competition and gain a reputation as one of the best players in the park.**

Tracy attended William H. Maxwell High School in East New York, Brooklyn. There she experienced her first brush with organized handball competition during her freshman year at 14 years of age. She had played big blue exclusively for recreation, but the high school teams required play with the small ball. It proved to be a big adjustment, and she was uncomfortable with the little ball. But she loved being part of the team, going to practices, getting to know the other players, and traveling to compete against other teams.

She began playing professionally at 20 years old, and three years later she won her first USHA National title in Women's 1-Wall Handball. During the following decade she dominated in this aspect of the sport, winning a combined 18 USHA National 1-Wall titles (11 singles, 7 doubles) from 2001 to 2014, as well as three World

Championships: singles and doubles in 1-wall small ball (Portland Oregon, USA), and singles in the same format in 2012 in Dublin, Ireland.

During her early years of development, she had an indomitable drive to improve and succeed. Throughout the challenges, she had an exceptional coach and friend who was as determined as she was to help her fulfill her potential. She learned not only important skills, but lessons on what it means to become a champion and what it takes to get there. Those were invaluable lessons she always held dear: respect for her opponent, willingness and discipline to practice, comfort with being alone, and responsibility for one's actions.

In addition to her 1-wall success, Tracy extended her athletic endeavors to the 3-wall and 4-wall venues of handball. She won, at this writing, two USHA Women's Classic titles (2012, 2013) in 4-wall as well as numerous pro stops. She also won two National USHA 3-Wall Singles titles (2011, 2014) and six National USHA 3-Wall Doubles Championships.

Davis claimed that she achieved more than she could ever have thought possible, and she enjoyed so many wonderful experiences. Handball changed her life especially having met so many extraordinary people. The game taught her to respect herself and to respect others.

At this writing Tracy is still competing on a championship level, currently ranked at least number 4 in all three handball formats. Residing in Los Angeles, California, Tracy has a 19 year old daughter. When not playing handball, Tracy enjoyed outdoor activity and sports like hiking, biking, volleyball, or, simply, going to the beach. She also cross trained to stay in top form.

